# Destiny Huff Consulting Newsletter

## HAPPY AUTISM AWARENESS AND ACCEPTANCE MONTH

\*Destiny will be presenting

#### **Upcoming Events**

Lives in the Balance Summit\*
April 11th, 2025

Autism in Black 5th Annual
Conference\*

April 11th - April 13, 2025

Beyond Behaviorism Virtual
Conference\*

May 14, 2025

## 3 Things to do!!!

- 1. **Listen to lived experience** listen to actually autistic voices! They were once Autistic children and they have a unique insight and perspective to navigating the world not built for them.
- Follow Autistic Accounts follow actually autistic accounts to learn the importance of listening to autistic voices.
- 3. Seek out Updated Research –
  unfortunately we are still looking at old
  research when looking at what Autistic
  learners need. Check out updated
  research and research that include
  Autistic Adults or that are conducted
  by Autistic adults!

### Tips

- Request End of the Year IEP Meeting You can request an IEP meeting at anytime. Request an IEP meeting to make sure your learner has the right supports in place for the end of the school year.
- Enjoy Spring Break Spring break can be necessary to decompress, rest, and avoid burnout. Plan fun things but not too much.
- **Prepare for Burnout** Be flexible! Burnout could be on the horizon as we head in to the end of the school year. Allow more breaks, decrease demands, and allow flexibility. Put this in place at school too!



\*Shirts from Autism In Black

**Actually Autistic Accounts to Follow** 

@autisminblack @adimeofot @autismsage @nighfunctioningautism @fidgets.and.fries @autism.conmigo @inclusiveneuroverse



Instagram: <a href="mailto:edestinyhuff">edestinyhuff</a> iep advocate
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